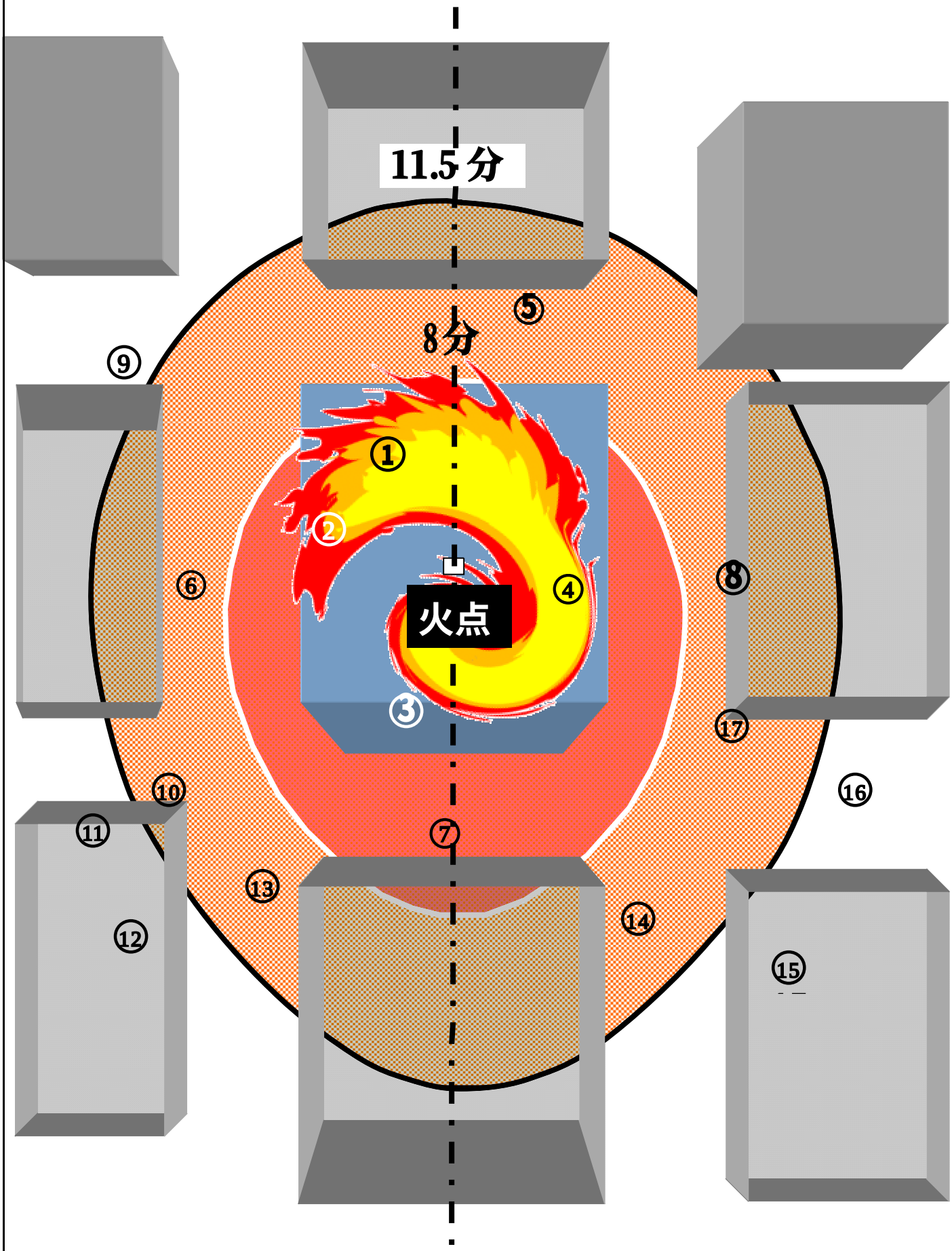延焼速度